

" Tasdiqlayman "

"KELISHDI"
Boshqarma
bosh Dietologi
2022 y" Tasdiqlayman "
TVBPSH bosh shifokori
B.A Sadikov
2022 y

No	Dushanba	Seshanba	Chorshanba	Payshanba	Juma	Shanba	Yakshanba
	Nonushta	Nonushta	Nonushta	Nonushta	Nonushta	Nonushta	Nonushta
	Non saryog' bilan	Non saryog' bilan	Non saryog' bilan	Non saryog' bilan	Non saryog' bilan	Non saryog' bilan	Non saryog' bilan
	Shirinchoy	Shirinchoy	Shirinchoy	Shirinchoy	Shirinchoy	Shirinchoy	Shirinchoy
	Qaymoq	Pishloq	Sosiska	Kolbasa	Tvorog	Pishloq	Kolbasa
	9-10-11st. manka	9-10-11st. Shurguruch	9-10-11st. Gerkules	9-10-11st. manka	9-10-11st. Psheno	9-10-11st. Gerkules	9-10-11st. Psheno
	2 - nonushta	2 - nonushta	2 - nonushta	2 - nonushta	2 - nonushta	2 - nonushta	2 - nonushta
	pechenie	Praynik	Vafli	Praynik	pechenie	Vafli	Pechenie
	kefer		kefer		kefer		kefer
	Tushlik	Tushlik	Tushlik	Tushlik	Tushlik	Tushlik	Tushlik
	Non	Non	Non	Non	Non	Non	Non
	Sharbat	Sharbat	Sharbat	Sharbat	Sharbat	Sharbat	Sharbat
	salat	salat	salat	salat	salat	salat	salat
	9-10-11st.	9-10-11st.	9-10-11st.	9-10-11st.	9-10-11st.	9-10-11st.	9-10-11st.
	1 Fasol sup	1 Garox	1 Moshho'rda	1 Borsh	1 Noxot sho'rva	1 Mastava	1 Vermeshle sup
	2 grechka	2 Makaron	2 Dimlama	2 Osh	2 Bifshstekis	2 Sous fasol	2 Garox , Puyre
	2 - tushlik	2 - tushlik	2 - tushlik	2 - tushlik	2 - tushlik	2 - tushlik	2 - tushlik
	Tuxum	Bulochka, tvorog	Tuxum	Vinegret, tuxum	Tuxum	Tuxum	Bulochka, tuxum
	choy	so'k	choy	choy	choy	choy	choy
	Kechki taom	Kechki taom	Kechki taom	Kechki taom	Kechki taom	Kechki taom	Kechki taom
	10-11st. Mastava	10-11st. Parlovka	10-11st. Lapsha	10-11st. Vermeshel	10-11st. Perlovka sup	10-11st. Lapsha sup	10-11st. Jarkop
	9-st	9-st. Frikadelka	9-st	9-st	9-st	9-st Jarkop	9-st
	non	non	non	non	non	non	non

Parhez hamshira :

Egamberdiyeva Iroda